



## POWER TO BE ADVENTURE THERAPY SOCIETY INFORMED CONSENT AND ACKNOWLEDGEMENT OF RISK

To be completed by all who are participating in Power To Be Programs

PARTICIPANT'S NAME: \_\_\_\_\_

### PLEASE READ CAREFULLY!

This *Informed Consent and Acknowledgment of Risk* form is an agreement between the participant and/or the custodial parent/guardian of the participant named above and **Power To Be Adventure Therapy Society (PTB)**. The intent of this form is to inform you of the inherent risks associated with the activities and environments we operate in and the expectations of our programs so that the choice to participate in any PTB program is made freely with understanding of the associated benefits, risks and personal responsibilities. If you are signing on behalf of someone else (i.e. minor or other participant), please discuss this and have them initial and sign with you to show that they choose to participate.

**This is not a waiver and signing this form DOES NOT waive any legal rights.**

### BENEFITS & RISKS

The activities offered at PTB are designed to pose appropriate challenges for participants. The enjoyment and benefit derived from the activities, events and services provided, and/or organized by PTB is, in part, a result of risks inherent in the activities and locations we program in.

- While PTB strives to manage risk, it is neither possible nor desirable to eliminate all risk.
- The potential benefits of participation include access to outdoor recreation, community contribution, community engagement, environmental education and stewardship, family connectedness, development of interpersonal skills, leadership and mentorship, life skills and personal development, and a greater sense of physical health and well-being. PTB offers outdoor and indoor activities which include, but are not limited to: lake, river and ocean canoeing, kayaking and stand up paddle boarding, high and low ropes courses, rock climbing, walking, running, coastal and alpine hiking, caving, swimming, surfing, alpine and Nordic skiing, playing games, yoga, cycling, snowshoeing, gardening, animal interactions, and front country and back country camping.
- PTB offers opportunities to learn or be a part of experiences that include, but are not limited to: use of camp stoves and campfires, cutting tools (i.e. knives, saws and hatchets), education of wilderness skills, transportation, consumption of food and beverage, consumption and storage of water, rescue and first aid services, equipment and adaptive modifications, and accommodation.
- The activities include inherent risks that may be different or greater than those risks normally assumed at home, work or school. These risks include, but are not limited to: burns or lacerations associated with cooking, exposure to potential environmental and food allergens, lifting, carrying heavy objects, exposure to inclement weather, slipping, falling, insect or animal bites that may or may not be a carrier of disease, being struck by falling objects, immersion in cold water, hypothermia (cold exposure), hyperthermia (heat exposure), uneven terrain, stream crossings, travel on active logging and unregulated roads, social or economic losses, improper use or malfunction of equipment or adaptive modifications, loss or damage of personal property, infectious disease contracted through viruses, bacteria, parasites, and fungi which may be transmitted through direct or indirect contact, injury, fatigue, permanent disability, illness or fatality.
- Communication and emergency response times will vary depending on the access to resources, activity location, remoteness, time of year, weather and time of day.

**I/WE AGREE**  
(please initial)

\_\_\_\_\_  
Parent/guardian    Participant

### AGREEMENT

I/we understand and agree that participation in PTB activities require participants to, at times:

- Use third party service and facility partners.
- Share the responsibility for the safety of their self and others during all activities.
- Disclose any personal circumstances which include, but are not limited to, medicinal practices that may impair judgment or physical awareness or ability to participate in program.
- Follow all instructions and directions of PTB staff/volunteers and that failure to do so may compromise safety and result in removal from the program.

**I/WE AGREE**  
(please initial)

\_\_\_\_\_  
Parent/guardian    Participant

By signing this I/we agree to:

- Acknowledge the above risks and accept responsibility for all damages, loss and benefits resulting from participation.
- Contact PTB in advance if I/we have any questions about the risks described above or pertaining to any other aspects of the program.

This Agreement will be governed and interpreted in accordance with the laws of the Province of British Columbia.

PTB respects the privacy of participants and will not identify individuals if using photographs or other images for educational, promotional, memory sharing, or other purposes unless permission has been granted verbally and in writing.

**This *Informed Consent and Acknowledgment of Risk* agreement stands to be valid for the length of your involvement with Power To Be Adventure Therapy Society (PTB).**

**PARTICIPANT**

Participant's printed name	Participant's signature	DATE (D/M/Y)
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**PARENT/LEGAL GUARDIAN**

Custodial parent/ legal guardian's printed name	Custodial parent/ legal guardian's signature	DATE (D/M/Y)
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**Additional Family Members participating:**

Participant's printed name	Participant's signature	DATE (D/M/Y)
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Participant's printed name	Participant's signature	DATE (D/M/Y)
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Participant's printed name	Participant's signature	DATE (D/M/Y)
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Participant's printed name	Participant's signature	DATE (D/M/Y)
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**PARENT/LEGAL GUARDIAN for above family members under the age of 19.**

Custodial parent/ legal guardian's printed name	Custodial parent/ legal guardian's signature	DATE (D/M/Y)
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**WITNESS**

Witness printed name	Witness signature	DATE (D/M/Y)
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