

DROP-IN  
EVENT



# HAVE A GO DAY 11AM – 3PM

## SATURDAY, OCTOBER 15<sup>TH</sup>

Join us for a free program to try new activities with *Power To Be*.

**WHAT:** Come experience the outdoors with *Power To Be*! We offer a variety of activities including hiking (with and without TrailRiders), paddlesports, nature adventures, and more.

**WHO:** Anyone who wants to access nature in a safe, fun, and inclusive way. This open event invites all current *Power To Be* participants and their families, as well as anyone interested in learning more about *Power To Be*. This is an excellent opportunity to try something new in nature and to meet *Power To Be* staff, volunteers, and participants.

**WHERE:** Our beautiful Prospect Lake site located at 4633 Prospect Lake Rd.

**DETAILS:** No RSVPs are required to attend. We ask that anyone under the age of 19 be accompanied by adult support. Activities are available for sign up upon your arrival and run on a rotating basis. We will run the activities rain or shine, so dress appropriately for the weather.

*We can't wait to adventure with you!*



**Power To Be**  
EVERYONE BELONGS IN NATURE

[powertobe.ca](http://powertobe.ca)

