

# SEASON of GRATITUDE

Because giving back never felt so good.

Join us at [powertobe.ca/gratitude](http://powertobe.ca/gratitude).

## GRATITUDE NATURE SCULPTURES

*The goal is for you and your family/bubble to create a sculpture that represents your family/bubble while thinking about the word gratitude.*

- 1) Find a place outside
- 2) Gather pieces of nature
- 3) Bring your pieces of nature together with your family/bubble
- 4) Work together to create a sculpture
- 5) Share what the pieces of your sculpture represent to the rest of your family/bubble

**\*\***Following the *Leave No Trace* principle, it is important to gather pieces of nature that are not currently living and to return all pieces to where they were found**\*\***

Feel free to share a picture of your sculpture with the [#SeasonOfGratitude](https://twitter.com/SeasonOfGratitude)



These sculptures were done this week with one of our household programs at Maplewood Flats Conservation Area on the land of the Tseil-waututh Nation.

“Every rock represents a member of our family and extended family. We chose wood and rock to represent a sturdy foundation for our family and we are grateful for the support that we have from all our rocks who rock.”

~Chris, Jim and James (Participants)



“We are grateful for our friendship that started at *Power To Be*. The kelp represents all the layers of our friendship”

~Manue and Tameus (Staff)